# RYA YOUTH SAILING COURSES FEBRUARY & APRIL 2016

Let your children discover the sport at the best sailing venue in Thailand!

Our fully accredited RYA courses are fun and action packed, learning a truly unique activity that requires students to demonstrate technical skills and provides them with a physical challenge. You'll be surprised how quickly your child will learn sailing when under guidance of our RYA qualified and experienced Instructors.

Sailing is fun, safe, breeds self-confidence and a positive outdoor pursuit.

# RYA STAGE 1 - 2

15 - 19 FEBRUARY, 22 - 26 FEBRUARY 4 - 8 APRIL,11 - 15 APRIL, 18 - 22 APRIL

The first step in learning to sail, this course is a fantastic introduction by discovering the basic boat controls and wind awareness while gaining confidence and having fun.



### **RYA STAGE 3**

15 - 19 FEBRUARY, 22 - 26 FEBRUARY 4 - 8 APRII 11 - 15 APRII 18 - 22 APRII

To develop singlehanded sailing skills at a higher level, covering a variety of practical boat control skills such as the five essentials, man overboard and an introduction to racing.



#### RYA START RACING

22 - 26 FEBRUARY 11 - 15 APRIL

Under the guidance of our RYA Racing Coaches students learn many aspects of sailboat racing to become confident on the race course and able to join local and national regattas.



# ADVANCED RACING CLINICS

22 - 26 FEBRUARY 11 - 15 APRIL

Intensive racing clinics structured with diverse and ranging syllabus to learn the skills required for high level competition. The programme is taught by National Class Coaches, separated into two groups; Optimists and Lasers.

5 day (30 hour) courses for children aged 8 - 16 years. 09:30 - 15:30 daily. 7,000 THB members 10,800 THB non-members inc VAT, logbook and RYA certification Email sailtraining@varuna.org or call 038-250-116 for more information and book places.





